

Scottish Paediatric Renal Urology Network

Hypertension teaching session Evaluation Report

August 2022

The Scottish Paediatric Renal Urology Network (SPRUN) hosted a Hypertension teaching session on Tuesday 30th August 2022. Results from the evaluation are as follows.

There were 34 delegates in attendance. Evaluations were received from 17 attendees giving a response rate of 50%.

Figure 1 - Designations and Figure 2 - Health Boards below show the designations and Health Boards of respondents.

Figure 1 - Designations

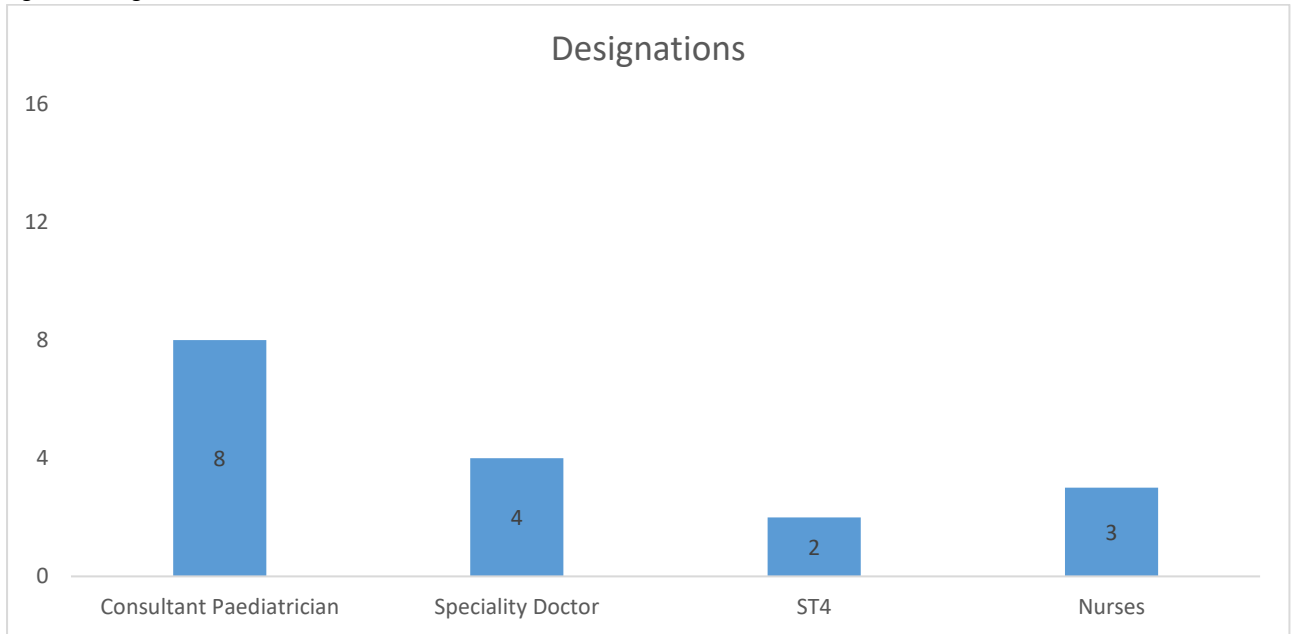
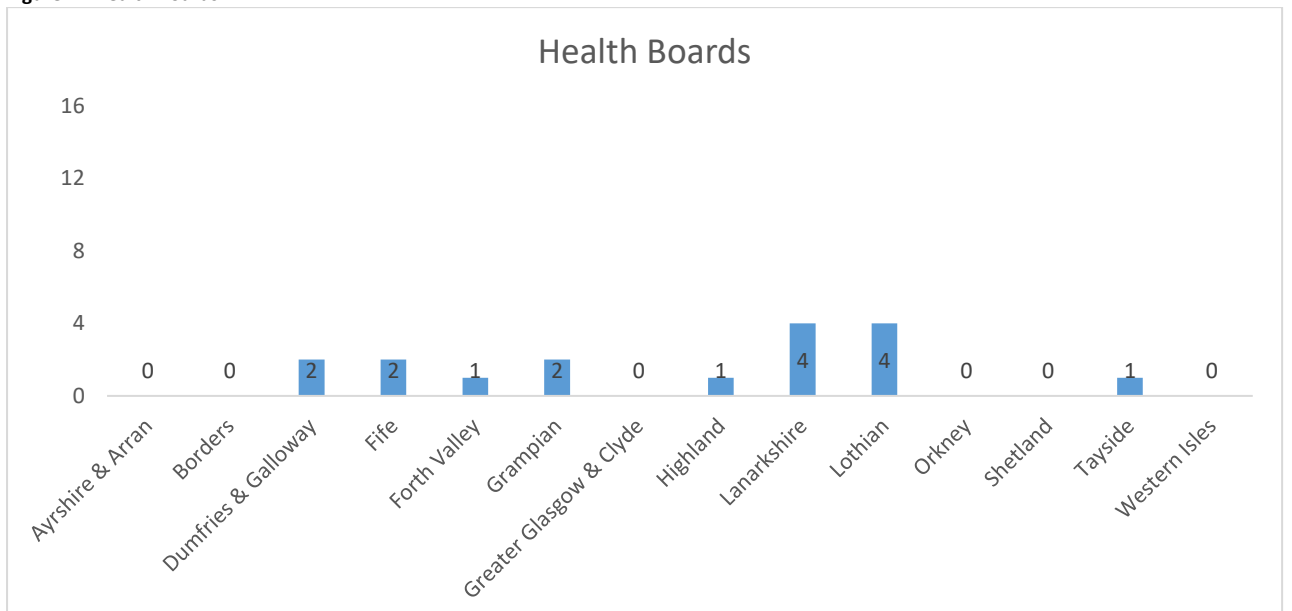


Figure 2 - Health Boards



The aim of this event was to provide up to date education/information for professionals who care for children with renal and/or urology related healthcare needs. Attendees were asked if this objective had been met and to also rate the presentations.

Figures 3 and 4 show the responses received.

Figure 3 - Objective Met: Providing Up to Date Education/Information

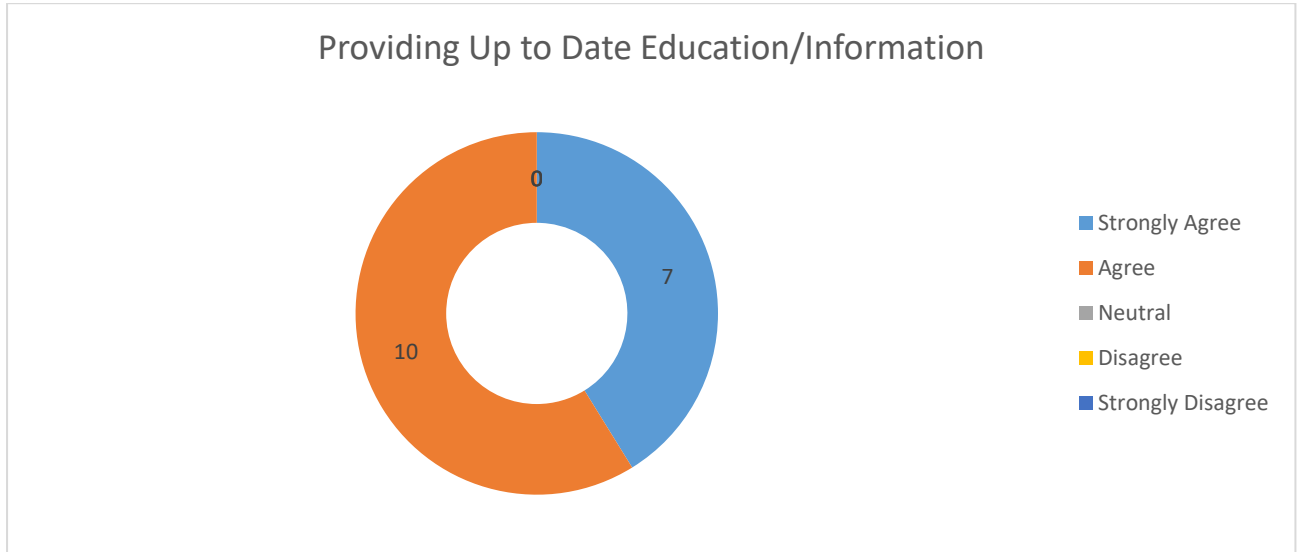
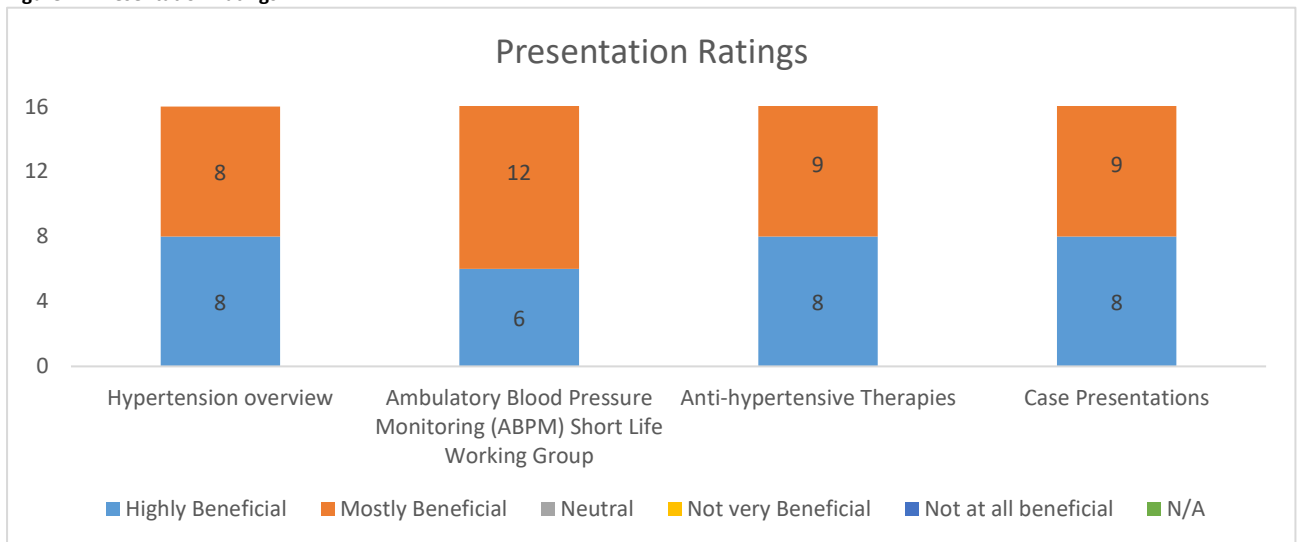


Figure 4 - Presentation Ratings



Additional Benefits

Participants were asked what they had gained as a result of attending this event. The consensus was that the event had provided a lot of useful information which had improved knowledge and understanding

A few quotes are noted below:

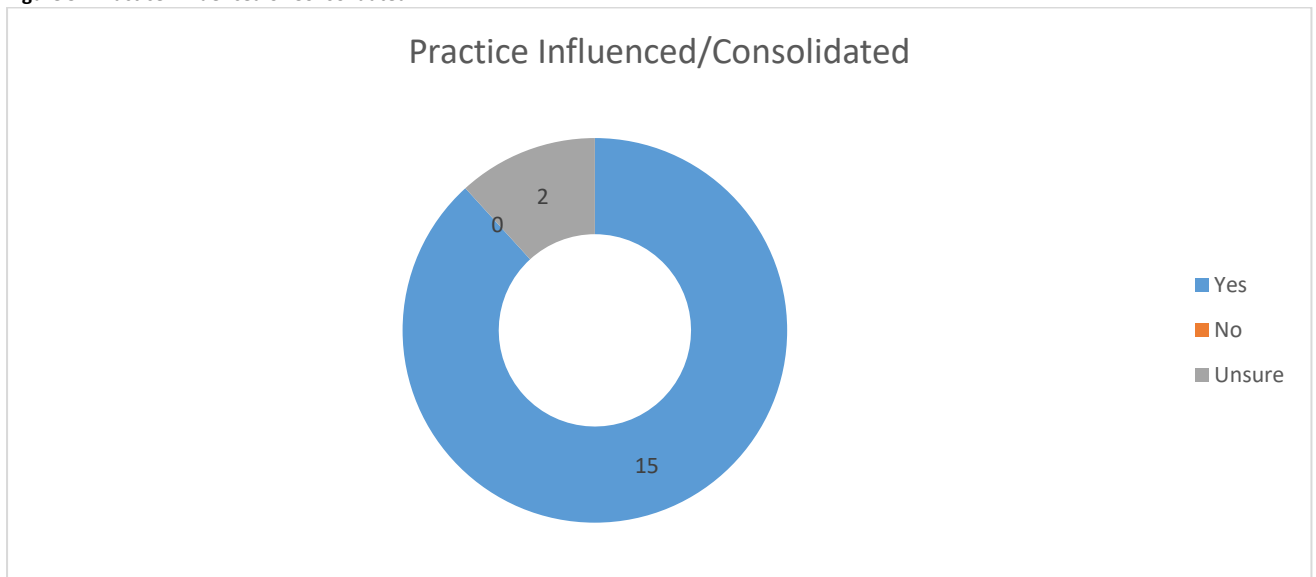
- *“Better understanding of various hypertensive treatment strategies - reason for specific antihypertensive medication choices Good to hear summary of national situation re ABPM and further aims of the ABPM working group”*
- *“Excellent learning opportunity to improve awareness of HT which is important and relevant in General Paediatrics”*
- *“It will help me carry out a more informed approach to hypertension diagnostics and management.”*

Practice Influenced or Consolidated

Participants were asked if their practice had been influenced or consolidated by attending the event. 88% of respondents indicated that their practice was either influenced or

consolidated as a result of attending this event as indicated in Figure 5 - Practice Influenced or Consolidated.

Figure 5 - Practice Influenced or Consolidated



Participants were asked how their practice would change as a result of attending this event. Points are as noted as below:

- *“Investigation strategy to exclude rare causes of hypertension.”*
- *“Early acei if suspect RAS as cause, Consider use of thiazides as monotherapy on children”*
- *“made me more aware of challenging cases and when to use medication and type for treating hypertension”*
- *“Select right cuff for BP measurement Accurate sleep time parameters for ABPM”*
- *“more awareness of the newer medications and the preference to use which drugs and why”*
- *“enhanced confidence”*
- *“General awareness and improve Knowledge”*
- *“More careful BP measurement paying attention to cuff size”*

Additional Comments

- *“great study day. As always very interesting. i am looking forward to transplant study day.”*

Summary & Conclusion

There were 34 delegates who attended. 17 responses were received to the evaluation giving a response rate of 50%. All respondents indicated that the overall objective of providing up to date education/information had been met. 100% of respondents also found each of the presentations (including case presentations) either highly or mostly beneficial. The feedback is evidence that the education sessions continue to meet the needs of the renal community and the objective to cover the renal curriculum for staff.

Increased knowledge and awareness hypertension was the main theme around changes to practice.

Overall, the event was a great success. SPRUN continues to review all feedback to explore how it can be utilised to shape and further improve future events.